## LENORA INSTITUTE OF DENTAL SCIENCES

(Recognised by GOI/ Dental Council of India & Affiliated to Dr. NTR UHS-BZA)

Accredited with NAAC "A" Grade

NH-16, Rajanagaram, Rajahmundry, East Godavari (Dt.), AP, India. Web: <u>www.lids.ac.in</u>, E-Mail: <u>lidsrajahmundry@gmail.com</u>, PH:0883-2484492.Fax: 0883 2484493

## **EXTENSION AND OUTREACH ACTIVITIES**

Lenora Institute of Dental Sciences plays an important role in the extension and outreach activities like blood donation, women empowerment. Our college inculcates social value and responsibilities to the faculty members and students by imparting extension activities in the neighborhood for holistic development of the society. In addition, outreach programs and invited lectures are also given to the community. Through extension and outreach programs, we sensitize the students to develop social values, widespread their responsibilities and knowledge in societal issues and problems by making them to involve with the community people. Above all, the students get hold of social justice, value, responsibility and sustainability. Through regular blood donation programs many people have been benefited and they extended their regarding the camp donation.

Apart from these, our college took a greater effort to eradicate the new life style diseases, in which the dental caries is regarded as one. College aged students are facing an important transitional stage in their oral health status. They are approaching a period when they are at an increased risk of periodontal disease. At the same time, restorations placed during adolescence may be in need of replacement. While these oral changes are occurring, the student is undergoing lifestyle changes that may further exacerbate his or her oral condition. Dietary changes, for example, may adversely affect dental decay patterns. In this context, our college had achieved a milestone to gain awareness of the progressive nature of oral diseases among college aged students, understand what they can do to prevent them, and accept the responsibility to care for their oral health needs. This was reached by conducting several health awareness programmes in and around the college premises. This has inculcated the positive attitude towards the treatment rendered to oral diseases, even among the public.

Even the program was designed on a "student-to-student" basis, where dental students and campus residents would interact as peers. Hence making it a patient-friendly environment in the hospital. The outreach programme was even conducted in the student dormitories as an extension activity, that was coordinated between the dental students, who provided a description of the services offered by the program, and the dormitory administrative staff, who were responsible for publicizing the program. Sessions were held in the lounges of the student dormitories during the evening hours provide for maximum accessibility.

Not to pretend, but to actually make it happen! Our college made a great achievement by treating the poor and even unprivileged sections of the society by making the services available to all the people. Even the fast track clinics made its way much more easier to make the services available throughout the clock.

Lenora Institute of Dental Sciences
RAJANAGARAM